



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Set N Spike Volleyball Clinic

Join Coach Emily in a clinic that will focus on the proper form of setting and spiking. Coach Emily has the expertise to help improve your child's game; with her 12 years of playing and 2 years of coaching. This clinic will help prepare young players for future competitive leagues.



- Knee pads are recommended but not mandatory.
- 1 hour long for 6 weeks (No clinic January 25th)
- Grades 4th Grade – 12th Grade
- \$25 for Members/ \$55 for Non Members

When: January 18th – March 1st
Time: Fridays 6:00 PM
Location: EASTERN COMMUNITY YMCA
2960 Pickle Rd
Oregon, Ohio 43616
419-691-3523
www.ymcatoledo.org

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