

Drescher and Associates Clinical Services, LLC
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Dear Parent,

We are excited that Drescher and Associates Clinical Services (DACS) has partnered with Oregon City School District to expand mental health services for students. In addition to the school's guidance counselors, there will be therapists on site at the school multiple days per week. We will be available to assist students with several different issues, including:

- Depression, anxiety, and other mood disorders
- Concerns about family, friends, or school
- Concerns about past experiences
- Substance use or behavior issues
- Safety assessments (e.g., if a student is struggling with suicidal thoughts)
- Most other concerns you or your child may have. Feel free to reach out if you are unsure.

We typically meet with students once per week, and we make every effort to meet with students at different times each week so that they are not missing the same class repeatedly. Additionally, we work with students' schedules to make sure that they are not missing classes where they are struggling or need extra assistance.

If you're interested in having a therapist see your child, here are the next steps:

- A school counselor will reach out to you. They will verify your contact information and that you would like them to share that information with us.
- A DACS therapist will call you to discuss services and answer any questions you have.
- We will email you electronic consent forms to review and sign.
- Once you have signed the consent forms, we will begin meeting with your child at school. Your child will work with one therapist for the rest of the school year, but may get a new therapist with the new school year.
- We will bill your insurance company for our services. If your insurance does not cover mental health or you owe a copay, we will work with you and the school on payment.
- We will occasionally reach out to you with updates and to make sure you are involved.
- Over the summer, we will still be available to meet with students at the school.

If you have any questions or concerns, please feel free to contact us. You may call us at 567-218-0185 or you may email us at dacstoledo@gmail.com.

Thank you,

Dr. Aimee Drescher, Ph.D., Licensed Clinical Psychologist
Maggie Overlay, MA, LPC, Clinical Therapist, under supervision
Mercedes Pratt, MA, 5th Year Psychology Student, under supervision