We are excited to announce that six of Mr. Katschke’s 8th grade art students, Joslyn Jurski, Dalton Miller, Molly Brammer, Kennedi Wolf, Jordan Pettaway and Brooke Eischen will be showcased at the Lake Erie Center’s 2018 Spring Showcase. The Lake Center is located at 6200 Bayshore Road and is open to the public Monday – Friday, 9:00 a.m.- 4:30 p.m.

Congratulations to 7th grader, Sam Thatcher, who qualified for The Blade Championship Regional Spelling Bee, which will take place March 10th. Sam qualified by finishing in 3rd place of the Lucas County Spelling Bee. Also representing Fassett at the Lucas County Spelling Bee were Kayleigh Bauer, 7th grade, and Kaden Carroll, 8th grade.
New Information and Updates:

7th Grade News: see attached.

Connect with Fassett:
- **Facebook**: like us at [https://www.facebook.com/FJHSEagles/](https://www.facebook.com/FJHSEagles/)
- **Twitter**: follow Principal Gibbs (@Paul_M_Gibbs) at [https://twitter.com/Paul_M_Gibbs](https://twitter.com/Paul_M_Gibbs) and FJHS (@FJHS_Eagles) at [https://twitter.com/FJHS_Eagles](https://twitter.com/FJHS_Eagles)
- **Instagram**: be sure to follow us (@fjhs_eagles) at [https://www.instagram.com/fjhs_eagles/](https://www.instagram.com/fjhs_eagles/)

Important Dates:
- 2/27 – Winter Sports Banquet, 6:00 pm
- 2/28 – All outstanding school fees must be paid for DC
- 3/2 – Biweekly Grade Updates
- 3/8 – End of Third Quarter
- 3/9 – Staff Training, No School
- 3/12 – 3/16 – Spring Break – No School
- 3/19 – Classes Resume
- 3/23 – Final Payment Due for Washington, DC, (Total cost per student is $539.00)
- 3/24 – Spring Craft Show
- 3/28 – Author Fair
- 3/30-4/2 – Easter Break – No School
- 4/3 – Classes Resume

Important Reminders:

**Washington D.C. Trip Payment Information for 8th Grade Students**: All outstanding school fees must be paid by Wednesday, February 28th in order for your child to be eligible to go on the Washington DC Trip. Final payment is due, Friday, March 23rd. If you have any questions, please contact the office.

**Track & Field Information**: start of the Track and Field season is almost here. Track and Field is open to any Fassett student, offering a variety of running events, from sprints of 100 meters up to one mile, field events such as Long Jump, High Jump and Pole Vault, and throwing events such as shot put and discus. Last year, Fassett was the largest team in the district. Let’s have another great turnout! Stop by the front desk and sign up today.

**Oregon Parks & Recreation Programs**: Oregon Park and Recreation 11-12 & 13-14 Baseball and Softball Sign-ups sheets for 2018 are in the office. Please stop by the office to pick one up if you are interested. Registration is from February 5th-28th.

**YMCA Programs**: please see attached flyers for information on current program offerings.

**Attendance Information**: please ensure your student(s) is arriving to school on time. A student is marked tardy if he/she arrives after 7:50 a.m. An accumulation of tardiness to school will result in disciplinary consequences. Please take a moment to check your student’s attendance for any unexcused codes. Please send in any doctor’s notes if needed. If you have questions, please call the attendance office at 419.693.0455, ext. 3045

**Fitness Club**: Fitness Club, with co-advisors, Mrs. Olive and Mrs. Porter, takes place every Thursday, after school, until 3:45 p.m. Permission forms are available in Mrs. Olive (room 40) and Mrs. Porter’s (room 38) rooms, and should be returned to Mrs. Olive or Mrs. Kretzer. Please see the attached flyer for more details.

**Reading Club**: Fassett students and staff have the opportunity throughout the school year to have books from the Oregon Branch Library delivered during STRIDE. If you are interested in checking out books through the public library, please follow the link and fill out the form. [Fassett Reading Club Google Form](#)

**Student Drop-Off and Pick-Up**: student safety is our top priority. To ensure the safety of our students, as well as an effective and efficient process, if you drop-off and/or pick-up your student(s) from FJHS, please follow the route outlined in the attached map, and please adhere to drop-off and pick-up times outlined below. Additionally, please be extra cautious of foot traffic in the parking lot.

**After School Academic Practice Program**: Fassett Junior High School is pleased to offer additional academic assistance to students through the After School Academic Practice Program. This program allows students an opportunity to complete missing work, after school and with teacher assistance, and receive full credit without a disciplinary consequence.
8th grade Health students have learned all about stress—how to identify their stressors, the health risks and ways to prevent it. But more importantly, they learned ways to manage their stressors by practicing stress management techniques in class! They were introduced to deep breathing, progressive muscle relaxation, and guided imagery. We cannot always prevent stress so it is important that we find something that we enjoy to relax. There are many benefits to managing stress such as improved mood, increased energy, better quality of sleep and even the ability to focus better in school. Students are encouraged to make de-stressing a priority for their overall health!

**February is Heart Month! Stress may increase your risk of heart disease so take a step today for better heart health!**
**Mathematics**

Students have been working with percent for the past couple of weeks. This week we did percent of change (including sales tax, tips and discounts). Next week we will be working more with an online shopping project followed by how to figure simple interest.

**Language Arts**

We are continuing our journey through the novel *Devil's Arithmetic*. The students are following the main character Hannah through time to discover what it was like for someone of the Jewish faith during WWII.

**Science**

Students in Mrs. Pevets' General Science classes are finishing their Earth/Moon/Sun Unit with a study of tides--their causes and patterns. Mrs. Davis' General Science Students have already wrapped up their space unit and are now learning about ecosystems.

Mrs. Pevets' Enriched Science students are at the end of their Force and Motion Unit and will embark on a study of Earth's tectonic plates next week. Mrs. Davis' enriched students are finishing their study of the Periodic Table of the Elements.

**Social Studies**

This past week we finished up a unit on Ancient Africa. Up next we will be traveling to China and Southeast Asia. Taking a look at how the largest empire known- the Mongols. Students will assess before spring break in March.
Oregon Parks and Rec. Spring Sport Offerings 2018!

Please visit our website oregonrec.recdesk.com to find complete program information and to register. Click on the forms and documents tab to view forms. Registration forms are also available in our office.

All Programs are open to Oregon Residents, Jerusalem Township residents, and non-resident students enrolled in the Oregon Public School System or Stritch Catholic Academy. (Please note a different fee structure is in place for eligible non-residents. See registration forms for details)

Registration for all programs runs from Jan. 25-Feb. 25.

Make sure to sign up for our text alert system to receive program updates and weather cancellations. Text “Oregon” to 84483 to register your device for free.

Parents- We need coaches for all schools, age groups and programs. Please consider signing up now to coach so you can be involved in coaches meetings, team selection and teams can start practice as soon as possible. If we do not have coaches, participants do not receive the maximum benefit of playing!

Programs

Rec. Soccer- Open to current Kindergarten through 2nd graders. Season will run First of April through 2nd week in May all weather permitting!
Coaches meetings will be held on Tues. March 6 U6 Boys/Girls 5:30 PM U8 Boys/Girls 6:30 PM

ESSL Soccer- Rec. travel league for players age 8-14 years old. READ REGISTRATION INFO CAREFULLY AGE GROUP FOR SPRING IS THE SAME AS IN THE FALL! Look on registration form for age breakdown.
Season will run end of March through 2nd week in May all weather permitting!
Coaches meeting will be Tues. March 6 all ages boys/girls 7:30 PM

NFL Flag Football- Open to current 1st-4th graders. Two leagues will be offered one for 1st-2nd and the other for 3rd-4th. After registering your child for the program please sign them up at NFL Flag Football web address is https://www.nflflag.com/register. Parents will have to create an account and associate with Oregon Parks and Rec. Flag FB. Once you have done this you will not have to do this each season. Players and Coaches need to be signed up in both places so we can order the NFL jerseys! Season will run First of April through 2nd week in May all weather permitting!
Coaches meeting will be held on Mon. March 5 1st-2nd grade 6:00 PM 3rd-4th Grade 7:15 PM

Over for information about upcoming Challenger soccer camp and Oregon Rec. day with the Toledo Mudhens! Info for both events can be found at Oregonrec.recdesk.com
Challenger British Soccer Camp June 4-8 2018!

Held at Oregon Parks and Rec. Soccer Fields!

Oregon Rec. Day with the Toledo MudHens!
Game to be held Fri. June 29 7:00 PM at 5/3rd Field
Tickets can be purchased at Oregon Parks and Rec. office
& Must be purchased by Thur. May 31.
GET YOUR GAME ON
Jr. Cavs Basketball Leagues
YMCA OF GREATER TOLEDO

The YMCA of Greater Toledo’s NEW Jr. Cavs Youth Basketball Program offers kids the opportunity to learn what it takes to win both on and off the court. Your child will learn the fundamentals of basketball while making friends and having fun. All players and skill levels are welcome!

Players enjoy:
• A reversible Jr. Cavs jersey
• A Cleveland Cavaliers game ticket
• Discounted Cleveland Cavaliers game tickets available for purchase
• Access to instructional videos on cavs.com

REGISTER TODAY
Register for at ymcatoledo.org or at the Member Service Desk. Age groups and practice times vary per branch. Please see the reverse side for your branch’s league information.

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<tr>
<th>Grade</th>
<th>Member Rate</th>
<th>Program Participant Rate</th>
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<td>K - 2nd grade</td>
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<td>3rd - High School</td>
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BECOME A TRAINED JR. CAVS VOLUNTEER COACH
Join Dennis Hopson, YMCA Director of Basketball Operations, former NBA Champion and OSU All-Time Leading Scorer and All-American, for a Coaches Clinic. See reverse side for time and location of clinic.

See reverse side for your branch’s league information.
**JR. CAVS LEAGUE INFORMATION**

**What is Jr. Cavs Basketball?**

The Jr. Cavs Basketball Leagues are focused on skill development. In order to achieve better skill development, the YMCA has hired "Master Coaches" that have expertise in coaching and skill development. Their job will be to implement age appropriate curriculum, drills, and skills stations with the help of volunteer coaches at every practice. This coach will help to ensure every kid is reaching their potential.

**Ages 5-2nd Grade Co-Ed Jr. Cavs East YMCA Basketball League; Winter II 2018 Session**

The East YMCA is offering a Junior Cavs Basketball League for ages 5-2nd grade this session. The divisions of play will be 5-Kindergarten and 1st-2nd grade. Games will be played at the East YMCA on Saturday’s starting March 10th (if there are not enough teams registered, we will partner with other YMCA of Greater Toledo locations). The 1st-2nd grade league will keep score but no standings will be kept. Your child will learn the fundamentals of basketball while making friends and having fun!

Registration deadline is Friday, February 16th.

First Practice: Week of February 26th

Ages 5-6 Practice Options: Tuesday 6:10-7:00p

1st-2nd Grade Practice Options: Tuesday 6:10-7:00p

Coaches Clinic: Wednesday, February 21st 6-7:30p at the Fort Meigs YMCA.

We depend on our volunteer coaches to help us run the program. The Jr. Cavs provides resources to help you excel as a coach.


The YMCA of Greater Toledo’s new Jr. Cavs Basketball program is offering a Y-to-Y competitive basketball league for boys and girls in divisions 3rd grade-High School. Games will be played at various YMCA of Greater Toledo locations on Saturday’s starting Saturday, March 10th. Ohio High School Athletic Association (OHSAA) rules will be followed with OHSAA certified basketball officials. Each team will play a regular season schedule with standings being kept. There will be a tournament at the end of the season, which will be played during the week of April 16th-21st. Your child will learn the fundamentals of basketball while making friends and having fun.

Registration deadline is Friday, February 16th.

First Practice: Week of February 26th

3rd-4th Boys and Girls Division: Tuesday 7:00-8:00p, Thursday’s 5:30-6:30p

5th-6th Boys and Girls Division: Thursday 6:30-7:30p

7th-8th Boys and Girls Division: Wednesday 6:30-7:30p

High School Boys Division: Wednesday 6:30-7:30p

Coaches Clinic: Wednesday, February 21st 7:00-8:30p at the Fort Meigs YMCA

We depend on our volunteer coaches to help us run the program. The Jr. Cavs provides resources to help you excel as a coach.

**Contact Information**

Dayre Carpenter
dcarpenter@ymcatoledo.org
Sports Director
Eastern Community YMCA
Winter 2 Activity Menu

**Monday:** Adult Pickle ball, Adult Basketball, YMCA Fit Club, Martial Arts, Self Defense, Gymnastics

**Tuesday:** Basketball Practice, Basketball Practice, PreK Sampler, Gymnastics, Art, Guitar

**Wednesday:** Adult Pickle ball, Adult Basketball, Basketball Practice, Art, Dance Classes

**Thursday:** Basketball Practice, Dance Classes

**Friday:** Family Fun Night (last Friday only)

**Saturday:** Pickle ball, Sport Games, Ballet, Teen Hip Hop

**Sunday:** Adult Basketball

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**JR CAVS Basketball**

- Saturday Games
- Reversible Cavs Jersey
- Participants get game ticket voucher

**Ages 5–2nd Grade Co-Ed Jr. Cavs**

- 5-6yr & 1st-2nd
- Learning league

**3rd–High School Y-to-Y Jr. Cavs**

- 3rd-4th, 5th-6th, 7th-8th, HS
- Boy or Girl Divisions
- Travel Competitive league
- Tournament

**Clinics/Clubs**

- PreK Sport Sampler
- Learn new sport each week
- Co-ed
- Member $25/ Program Participant $45

**Register By February 16th**

---

**Free Youth Activities**

*Must be members to participate*

- Y Kids Fit Club: (6–12yr old) Mon 4:45
- Kid Drums: (6–12yr old) Tues 4:30
- Kids Yoga: (6–12yr old) Wed 4:30
- Pickle Ball: (8–12yr old) Wed 5:30

---

**Adult Sports**

- No need to be member to play, just pay your participation fee!

- **Dodgeball League:** Partnering with the Wolf Creek YMCA for more competition. Team fee $250.
- **Volleyball League:** Partnering with Indoor sand. Team fee $240. Games at Indoor Sand of Northwood
ARTS AND HUMANITIES
WINTER SESSION—FEB 26–APRIL 22, 2018
EASTERN COMMUNITY YMCA
$M–MEMBER/$PP PROGRAM PARTICIPANT

DANCE
**ALL DANCE CLASSES WILL HAVE AN ADDITIONAL $20 COSTUME FEE PER CHILD FOR OUR SPRING RECITAL**

Ballet:
- Wed @ 5:00–5:30P AGES 3–5—$M $25/$PP $50
- Wed @ 5:30–6:15P AGES 6–12 $30 $60
- Sat @ 10:30–11:00A AGES 5–7 $25 $50
- Sat @ 11:00–11:45A AGES 8–12 $30 $60

Studio:
- Thurs @ 5:00–5:30P AGES 3–4—$M $25/$PP $50

Dance:
- Thurs @ 5:30–6:00P AGES 5–6 $25 $50
- Thurs @ 6:00–6:45 AGES 7–12 $30 $60

**New**
- Wed @ 6:30–7:15P AGES 6–12—$M $30/$PP $60

Hip Hop:
- Sat @ 12–12:45P AGES TEENS (13–17) $30 $60

Gymnastics

Monday
Tigers and Kangaroos (AGES 3–5)
5:45–6:15P
$M $20/$PP $40

Tuesday
Monkeys and Teddy Bears (AGES 1–2)
5:00–5:30P
Tigers and Kangaroos (AGES 3–5)
5:30–6:00P
$M $20/$PP $40
TWEEN AND TEEN CLASSES

WINTER SESSION—FEB 26–APRIL 22, 2018
EASTERN COMMUNITY YMCA

$M-MEMBER/$PP PROGRAM PARTICIPANT

**ALL DANCE CLASSES WILL HAVE AN ADDITIONAL $20 COSTUME R FEE FOR OUR SPRING RECITAL**

BALLET: SAT @ 11:00–11:45A AGES 8–12 $30 $60

STUDIO DANCE: THURS @ 6:00–6:45 AGES 7–12 $30 $60

**NEW**
HIP HIP: SAT @ 12–12:45P AGES TEENS (13–17) $30 $60
Adult Sports
• No need to be member to play, just pay your participation fee!

Dodgeball League 18+: Partnering with the Wolf Creek YMCA for more competition. Team fee $250.

Volleyball League 16+: Partnering with Indoor Sand. Team fee $240. Games at Indoor Sand of Northwood

 Tween and Teen Activities for Members and Non Members

**MONDAY NIGHT MARTIAL ARTS**

Y Kids Fit Club: (6-12yr old) Mon 4:45
Kid Drums: (6-12yr old) Tues 4:30
Kids Yoga: (6-12yr old) Wed 4:30

**JR CAVS Basketball**
- Saturday Games
- Reversible Cavs Jersey
- Participants get game ticket voucher

**Ages 5-2nd Grade Co-Ed Jr. Cavs**
- 5-6yr & 1st-2nd
- Learning league

**3rd-High School Y-to-Y Jr. Cavs**
- 3rd-4th, 5th-6th, 7th-8th, HS
- Boy or Girl Divisions
- Boys ONLY for High School Teams
- Travel Competitive league

**Free Youth Activities**
*Must be members to participate

**Adult Sports**
- No need to be member to play, just pay your participation fee!

**Dodgeball League 18+:** Partnering with the Wolf Creek YMCA for more competition. Team fee $250.

**Volleyball League 16+:** Partnering with Indoor Sand. Team fee $240. Games at Indoor Sand of Northwood
Computer Club 2017 - 2018

Computer Club is for students who are interested in exploring technology and computers beyond the regular computer class curriculum. Participants are involved in STEM – Science, Technology, Engineering and Math activities that are activity, project, and problem-solving based. Students gain skills in communication, collaboration, critical-thinking, and creativity.

There is no cost for the club but students will need to bring their ChromeBook, earbuds, and a 3 ring binder. Computer Club begins on Monday, October 9th, and will meet every other Monday after school until 3:45. Please be sure to pick your child up on time.

Please cut here and turn in the bottom portion.

__________________________
Computer Club Sign-Up Sheet

You must have this form signed by a parent in order to attend.

My child has permission to join Computer Club!

Student’s Name: ___________________________________________

Grade: _________

Stride Teacher: _____________________________________________

Emergency Contact Number:
________________________________________________

Parent Signature:
_______________________________________________________

--

Please return to Mrs. Kretzer in Room 32 on or before October 9th.
What is Fitness Club, you ask? Fitness Club was established to provide students with an opportunity to better develop healthy eating and exercise habits in a fun and challenging atmosphere.

Health teachers, Mrs. Porter and Mrs. Olive, will supervise students for an hour right after school every Thursday until 3:45pm. Students can choose between exercises in the weight room, running or walking in the hallways, circuit training, relays, games and other co-ed activities. On days where the weather permits, we will be going outside.

Each year we plan to go on a fitness related fieldtrip at a minimal fee to encourage lifelong healthy habits. In the past, we have gone to the YMCA, BGSU Ice Arena, SkyZone, The International Boxing Club, Wildwood Athletic Club and more. This year’s location is yet to be decided.

We also encourage our members to advocate for other organizations that promote fitness. We have joined volunteers for “Girls on the Run” at The University of Toledo, “The Glass City Marathon” in Sylvania and others. Be on the watch for these worthwhile activities.

To offset the expense of snacks and to help supplement T-shirts and fieldtrips, there is a one-time participation fee of $5.00.

So... gather up your friends and join us for some healthy fun!!!

___________________________________________

Fitness Club Permission Slip

My child has permission to join Fassett Fitness Club!

Students’ name:___________________________ Grade: _____

Stride Teacher:____________________________

Emergency contact/Name___________________ Phone#___________

T-Shirt Size- please circle one: Children L XL Adult S M L XL XXL

Note: T-shirts are optional and are available for a nominal fee of $5.00

Parent signature:__________________________________________

Our first Fitness Club session is on Thursday, October 19th. Please return this slip and your money to Mrs. Olive (rm. 40) or Mrs. Porter (rm. 38) prior to our first meeting! Thank you 😊
### February 2018

**Oregon K-8**

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<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<td>5 Popcorn Chicken</td>
<td>6 Hamburger on Bun</td>
<td>7 Pizza</td>
<td>1 Chicken Drumstick</td>
<td>2 Fiestada or School Pizza</td>
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<td>Baked Fries</td>
<td>Hot Corn</td>
<td>Mashed Potatoes /Gravy</td>
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<td>12 Chicken Nuggets</td>
<td>13 Rib A Que or Hotdog on Bun</td>
<td>14 Pizza</td>
<td>9 Regular or Spicy Chicken</td>
<td>16 Breakfast for Lunch</td>
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<td>26 Corn Dog</td>
<td>27 Breakfast for Lunch</td>
<td>28 Pizza</td>
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<td>News</td>
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<td>Served Daily as an Alternate Lunch:</td>
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<td>Yogurt, Cheese Stick, WG Choice</td>
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<td>Salad with Turkey Ham, WG Choice</td>
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<td>5-12 Student Lunch $3.00</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reduced .40 Adult $3.50</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prepaid Meals available on our school web site:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oregoncityschools.org</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Healthy snacks and drinks</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>available from .25-$1.50</td>
<td></td>
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</tr>
</tbody>
</table>

"This institution is an equal opportunity provider"

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Enter Other Information Here
## OREGON CITY SCHOOLS BREAKFAST MENU

### MEAL PRICING:
- Breakfast Full Price: $1.50
- Reduced Breakfast Price: $0.30
- Free Students: $FREE

### BREAKFAST Menu

<table>
<thead>
<tr>
<th>WEEK</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Pancake Wrap</td>
<td>Cheese or Plain Omelet</td>
<td>Breakfast Sandwich</td>
<td>Breakfast Pizza</td>
<td>WG Pastry</td>
</tr>
<tr>
<td></td>
<td>Fruit/ Juice Choice of Milk</td>
<td>Fruit/ Juice Choice of Milk</td>
<td>Fruit/ Juice Choice of Milk</td>
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</tr>
<tr>
<td>2</td>
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<tr>
<td>4</td>
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</tr>
</tbody>
</table>

### NUTRITION BITES:

- Dairy provides 74% of the vitamin D in young children’s diets
- More than half of whole grains are eaten at breakfast
- Kids who eat breakfast tend to perform better in school and have fewer disciplinary problems. Breakfast also tends to help kids stay alert
- Starting every day the whole gain way gives kids and teens B vitamins, minerals, and fiber to feel fuller longer so they stay alert to concentrate at school
- A full cup of fruit is available every day, providing nutrients that are important for kids’ health, such as potassium, dietary fiber, vitamin C, and folate (folic acid).

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

**OTHER DAILY SELECTIONS:**

- ENTREES
  - Assorted Cereals
  - Whole Grain Breakfast Bars
  - Vitamin Enriched WG Pastries
  - Yogurt
  - Milk Choice