FASSETT JUNIOR HIGH SCHOOL
WEEKLY UPDATES & REMINDERS
March 5, 2018

It is hard to believe we are in the last week of the 3rd quarter of the year, and are approaching Spring Break! As the last quarter of the year begins upon our return from Spring Break, we want to ensure our students finish the year strong. The following are a couple of ways you can help support your student(s) in finishing the year on a positive note:

- Use the following link to access the Parent Portal of PowerSchool: https://oregon.ps.nwoca.org/public/. If you need to create an account, please visit the following page, or see the included attachment, for instructions: http://www.oregoncityschools.org/images/stories/docs/District_Documents/Parent_Portal_Account_Creation.pdf
- Be sure to check grade level Academic Practice Boards for assignments:
  - 7th Grade: https://goo.gl/xj5pkR
  - 8th Grade: https://goo.gl/wB8i3X

Thank you for your continued support! If you have any questions, please feel free to call the school office at 419.693.0455.

New Information and Updates:

7th Grade News: see attached, for Students of the Month.

8th Grade News: see attached, for Students of the Month.

Science, Technology, Engineering, and Math (STEM) Information: great things are happening in the Fassett STEM program which has made a big impact in student learning and growth in the district. Students will not only be able to take the knowledge of creative design and manufacturing processes, but also their possible future career paths in Engineering design. The students have applied this knowledge by manufacturing solid functioning models of each design. The content areas covered in science, technology, engineering, and mathematics in the STEM course of study, helps support cross curricular learning with our core subjects. A special thanks to the school district, board members, and companies that have supported this program and its development. Fassett Junior High school is very excited for the future with the STEM program and what it has to offer our students in the district.

Track & Field Information: Track and Field season begins on Monday, March 5th. We have close to 100 signed up so far, but there is room for more. Remember, you must have a physical form on file to participate.

- Office practice starts Monday, March 5th.
- All next week, practices will be at Fassett until 4:00 pm.
- We will meet in the gym, bring a change of clothes. I would suggest shorts and a t-shirt for indoor activities and also some warmer clothes for when we go outside.
- You must have a physical on file in order to participate.
- Meets will typically be on Mondays and Wednesdays.
- Meet dates so far: (W)3/28, (W)4/4, (M)4/16, (Th)4/19, (M)4/23, (Tu)5/1

8th Grade ALEKS Tournament: Let’s get ready to rumble!: All 8th grade students, we are challenging you to an ALEKS Tournament! You will need to turn in your starting line-up and college team by next Wednesday, March 7th. Team sign-up sheets will be located in the hallway across from the library on Monday, March 5th.

Dress Code Reminders (Pants/Shorts/Lower Body Apparel): all pants/shorts are to be worn at the waist, without exposing undergarments. Pants/shorts cannot have holes of any size that expose skin. Wearing undergarments under pants/shorts with holes does make them allowable providing no skin is showing.

Cell Phone Reminder: cell phones are not permitted to be used during school hours, and should be kept in your locker. Consequences will be issued if cell phones are found on students during this time.

Connect with Fassett:

- Facebook: like us at https://www.facebook.com/FJHSEagles/
- Twitter: follow Principal Gibbs (@Paul_M_Gibbs) at https://twitter.com/Paul_M_Gibbs and FJHS (@FJHS_Eagles) at https://twitter.com/FJHS_Eagles
- Instagram: be sure to follow us (@fjhs_eagles) at https://www.instagram.com/fjhs_eagles/

Important Dates:

- 3/8 – End of Third Quarter
- 3/9 – Staff Training, No School
- 3/12 – 3/16 – Spring Break – No School
- 3/19 – Classes Resume
- 3/23 – Final Payment Due for Washington, DC
- 3/24 – Spring Craft Show
- 3/28 – Author Fair
- 3/30-4/2 – Easter Break – No School
- 4/3 – Classes Resume
Important Reminders:

Washington D.C. Trip Payment Information for 8th Grade Students: Final payment is due Friday, March 23rd. If you have any questions, please contact the office.

Attendance Information: please ensure your student(s) is arriving to school on time. A student is marked tardy if he/she arrives after 7:50 a.m. An accumulation of tardiness to school will result in disciplinary consequences, please take a moment to check your student’s attendance for any unexcused codes. Please send in any doctor's notes if needed. If you have questions, please call the attendance office at 419.693.0455, ext. 3045

Fitness Club: Fitness Club, with co-advisors, Mrs. Olive and Mrs. Porter, takes place every Thursday, after school, until 3:45 p.m. Permission forms are available in Mrs. Olive (room 40) and Mrs. Porter’s (room 38) rooms, and should be returned to Mrs. Olive or Mrs. Kretzer. Please see the attached flyer for more details.

Reading Club: Fassett students and staff have the opportunity throughout the school year to have books from the Oregon Branch Library delivered during STRIDE. If you are interested in checking out books through the public library, please follow the link and fill out the form. Fassett Reading Club Google Form

Student Drop-Off and Pick-Up: student safety is our top priority. To ensure the safety of our students, as well as an effective and efficient process, if you drop-off and/or pick-up your student(s) from FJHS, please follow the route outlined in the attached map, and please adhere to drop-off and pick-up times outlined below. Additionally, please be extra cautious of foot traffic in the parking lot.

After-School Academic Practice Program: Fassett Junior High School is pleased to offer additional academic assistance to students through the After School Academic Practice Program. This program allows students an opportunity to complete missing work, after school and with teacher assistance, and receive full credit without a disciplinary consequence.
8th Grade News

Congratulations to the following eighth graders for being nominated February’s Students of the Month!

<table>
<thead>
<tr>
<th>Teacher</th>
<th>Students of the Month</th>
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<tbody>
<tr>
<td>Mr. Bennett</td>
<td>Maycie Breeden, Julian Moreno</td>
</tr>
<tr>
<td>Mrs. Hess</td>
<td>Logan Clark, Kennedi Wolf</td>
</tr>
<tr>
<td>Mr. T. Katschke</td>
<td>Jared Jehany, Mackenzie Jones</td>
</tr>
<tr>
<td>Mrs. Kesling</td>
<td>Joey Skitowski</td>
</tr>
<tr>
<td>Mrs. Kissling</td>
<td>Lauren LaRue</td>
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<tr>
<td>Mrs. Kretzer</td>
<td>Geremiah Batch, Cleopatra Cousino</td>
</tr>
<tr>
<td>Mrs. Miller</td>
<td>Colin Martin, Autumn Villareal</td>
</tr>
<tr>
<td>Mrs. Papio</td>
<td>Natalie Shelton, Tomas Juarez</td>
</tr>
<tr>
<td>Mrs. Porter</td>
<td>Dakota Wamer, Mallory Barney</td>
</tr>
<tr>
<td>Mrs. Reiter</td>
<td>Savannah Villegas</td>
</tr>
<tr>
<td>Mrs. Schak</td>
<td>Vanessa Belkofer</td>
</tr>
<tr>
<td>Mr. Slovak</td>
<td>Jaylynn Lewis, Winnie Wang</td>
</tr>
</tbody>
</table>
Our 7th graders assembled during STRIDE to acknowledge our February Students of the Month. The Super Power the 7th graders developed was Encouragement. People who are regularly encouraged are happier. Each Student recognized is given a certificate, $2.00 in Snack Shop coupons, and a free kids meal at Granite City.

Our March Super Power is Involvement. Students presented a skit depicting the 4 character types in a Superhero movie: The Villain, The Victim, The Onlooker, and The Superhero. We are each character at different times of our lives, but who do we want to be? As a Superhero, our mission is to serve, to be involved.

Our students are taking action in the classroom, hallway, and afterschool activities and translating that action into POSITIVE results within the classroom. Way to go 7th graders!
Oregon City Schools Parent Portal Account Creation –
You must have an Access ID and Password for each student before setting up account. These letters were mailed home in September. If you did not receive your letter, please contact Linda Toth at 419-693-0661 x3273 for this info.

1. Go to www.oregoncityschools.org, click on “Parent Portal Login” in the “Parents” menu.

2. Click “Create Account” button. DO NOT try to enter Access ID and Password into Login fields.

3. Fill in required information for ALL STUDENTS you want to associate with this account.

4. If everything is entered correctly and your username is available, you will be presented a screen congratulating you on creating your new account. Using the username and password you just created, log into the Parent Portal and customize your account. If you have more than one student, you will see buttons in the top left corner to switch between your students’ information.
   a. Click on eMail Notification and/or My Calendars buttons to setup customized communications.
   b. Click on Power Announcement to setup your district communication preferences.
   c. Click on Preferences button to edit account information.
Computer Club 2017 - 2018

Computer Club is for students who are interested in exploring technology and computers beyond the regular computer class curriculum. Participants are involved in STEM – Science, Technology, Engineering and Math activities that are activity, project, and problem-solving based. Students gain skills in communication, collaboration, critical-thinking, and creativity.

There is no cost for the club but students will need to bring their ChromeBook, earbuds, and a 3 ring binder. Computer Club begins on Monday, October 9th, and will meet every other Monday after school until 3:45. Please be sure to pick your child up on time.

Please cut here and turn in the bottom portion.

__________________________________________________________  
Computer Club Sign-Up Sheet

You must have this form signed by a parent in order to attend.

My child has permission to join Computer Club!

Student’s Name: ____________________________________________

Grade: __________

Stride Teacher: _____________________________________________

Emergency Contact Number:
____________________________________________________________________

Parent Signature:
____________________________________________________________________

Please return to Mrs. Kretzer in Room 32 on or before October 9th.
Fassett Fitness Club 2017-2018

What is Fitness Club, you ask? Fitness Club was established to provide students with an opportunity to better develop healthy eating and exercise habits in a fun and challenging atmosphere.

Health teachers, Mrs. Porter and Mrs. Olive, will supervise students for an hour right after school every Thursday until 3:45pm. Students can choose between exercises in the weight room, running or walking in the hallways, circuit training, relays, games and other co-ed activities. On days where the weather permits, we will be going outside.

Each year we plan to go on a fitness related fieldtrip at a minimal fee to encourage lifelong healthy habits. In the past, we have gone to the YMCA, BGSU Ice Arena, SkyZone, The International Boxing Club, Wildwood Athletic Club and more. This years’ location is yet to be decided.

We also encourage our members to advocate for other organizations that promote fitness. We have joined volunteers for “Girls on the Run” at The University of Toledo, “The Glass City Marathon” in Sylvania and others. Be on the watch for these worthwhile activities.

To offset the expense of snacks and to help supplement T-shirts and fieldtrips, there is a one-time participation fee of $5.00.

So... gather up your friends and join us for some healthy fun!!!

________________________________________
Fitness Club Permission Slip

My child has permission to join Fassett Fitness Club!

Students’ name:________________________________ Grade: _____

Stride Teacher:______________________________________

Emergency contact/Name_________________ Phone#___________

T-Shirt Size- please circle one: Children L XL Adult S M L XL XXL

Note: T-shirts are optional and are available for a nominal fee of $5.00

Parent signature:__________________________________________

Our first Fitness Club session is on Thursday, October 19th. Please return this slip and your money to Mrs. Olive (rm. 40) or Mrs. Porter (rm. 38) prior to our first meeting! Thank you 😊
### March 2018

**Oregon K-8**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td>Popcorn Chicken</td>
<td>Hamburger on Bun Baked Fries Pickle Slice Vegetable Selection</td>
<td>Pizza Hot Corn Vegetable Selection Ranch/Italian Dressing Fruit Selection Milk Selection</td>
<td>Chicken Drumstick Mashed Potatoes/Gravy Hot Mixed Vegetables Vegetable Selection Fruit Selection Graham Cracker Sticks Milk Selection</td>
<td>Fiestada or School Pizza Hot Corn or Peas Vegetable Selection Fruit Selection Milk Selection</td>
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<tr>
<td>No School</td>
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<th>13</th>
<th>14</th>
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<tbody>
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<tr>
<th>19</th>
<th>20</th>
<th>21</th>
<th>22</th>
<th>23</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regular or Spicy Chicken Patty Sandwich Tater Tots/Pickles Vegetable Selection Fruit Selection Milk Selection</td>
<td>Chicken Nuggets BBQ Sauce Potato Smiles Vegetable Selection Fruit Selection Milk Selection</td>
<td>Pizza Hot Corn Vegetable Selection Ranch/Italian Dressing Fruit Selection Milk Selection</td>
<td>Nachos Lettuce/Cheese/Salsa Meat/Refried Beans Vegetable Selection Fruit Selection Milk Selection</td>
<td>Grilled Cheese Tomato Soup Vegetable Selection Fruit Selection Milk Selection</td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th>26</th>
<th>27</th>
<th>28</th>
<th>29</th>
<th>30</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corn Dog Tator Tots Fruit Crisp Vegetable Selection Fruit Selection Milk Selection</td>
<td>Breakfast for Lunch Waffle Turkey Sausage Hashbrown Vegetable Selection Fruit Selection Milk Selection</td>
<td>Pizza Hot Corn Vegetable Selection Ranch/Italian Dressing Fruit Selection Milk Selection</td>
<td>Chicken Drumstick Mashed Potatoes/Gravy Hot Mixed Vegetables Vegetable &amp; Fruit Selection Graham Cracker Sticks Milk Selection</td>
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**News**

Served Daily as an Alternate Lunch:

- Turkey Sandwich, WG Choice Vegetable, Fruit and Milk Selection
- Yogurt, Cheese Stick, WG Selection, Vegetable, Fruit and Milk Selection
- Salad with Turkey Ham, WG Choice, Vegetable, Fruit and Milk Selection

**Prices:**

- K-4 Student Lunch $2.75
- 5-12 Student Lunch $3.00
- Reduced .40 Adult $3.50

Prepaid Meals available on our school web site: Oregoncityschools.org

Healthy snacks and drinks available from .25-$1.50

“This institution is an equal opportunity provider”
## OREGON CITY SCHOOLS BREAKFAST MENU

### OTHER DAILY SELECTIONS:

**ENTREES**
- Assorted Cereals
- Whole Grain Breakfast Bars
- Vitamin Enriched WG Pastries
- Yogurt
- Milk Choice

### BREAKFAST Menu

<table>
<thead>
<tr>
<th>WEEK</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Pancake Wrap</td>
<td>Cheese or Plain Omelet</td>
<td>Breakfast Sandwich</td>
<td>Breakfast Pizza</td>
<td>WG Pastry</td>
</tr>
<tr>
<td></td>
<td>Fruit/Choice of Milk</td>
<td>WG Choice Fruit/Choice of Milk</td>
<td>Fruit/Choice of Milk</td>
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<td>Fruit/Choice of Milk</td>
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</tbody>
</table>

### MEAL PRICING:
- Breakfast Full Price: $1.50
- Reduced Breakfast Price: $.30
- Free Students: $FREE

### NUTRITION BITES:

- Dairy provides 74% of the vitamin D in young children’s diets
- More than half of whole grains are eaten at breakfast
- Kids who eat breakfast tend to perform better in school and have fewer disciplinary problems. Breakfast also tends to help kids stay alert
- Starting every day the whole grain way gives kids and teens B vitamins, minerals, and fiber to feel fuller longer so they stay alert to concentrate at school
- A full cup of fruit is available every day, providing nutrients that are important for kids’ health, such as potassium, dietary fiber, vitamin C, and folate (folic acid).

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