Connect with Us! Social Media at FJHS: connect with us via the following social media platforms, as we share important information and all the great things taking place at FJHS:

- **Facebook:** like us at: [https://www.facebook.com/FassetJuniorHighSchool/](https://www.facebook.com/FassetJuniorHighSchool/)
- **Twitter:** follow FJHS (@FassettEagles) at [https://twitter.com/FassettEagles](https://twitter.com/FassettEagles)
- **Instagram:** be sure to follow us (@fjhs_eagles) at [https://www.instagram.com/fjhs_eagles/](https://www.instagram.com/fjhs_eagles/)

Congratulations, Eagles of the Week!

8th Graders: David Shrader, Gavin Westlick, Chase LaForge, Caden Conley, and Lylah Church (not pictured)
7th Graders: Corbin Garnsey, Kelsey Osborne, Destiney Martinez, Izzy Vriezelaar, and Alaina Gill (not pictured)

**CALENDAR:**

This Week:
- Monday, April 8th: Track Meet, Clay High School, 4:30 p.m.
- Tuesday, April 9th: Social Studies Renaissance Fair
- Friday, April 12th: Bi-Weekly PowerSchool Grade Update
- Friday, April 12th-Thursday, April 18th: Spring Book Fair
Looking Ahead:

- Tuesday, April 16th: 7th & 8th Grade ELA OST (Part I)
- Wednesday, April 17th: 7th & 8th Grade ELA OST (Part II)
- Friday, April 19th-Monday, April 22nd: Easter Break
- Thursday, April 25th: 8th Grade Science OST
- Tuesday, April 30th: 7th & 8th Grade Math OST (Part I)
- Wednesday, May 1st: 7th & 8th Grade Math OST (Part II)
- Monday, May 6th:
  - Algebra OST (Part I)
  - Choir Concert, 7:00 p.m.
- Tuesday, May 7th:
  - Staff Training Day (No School for Students)
  - Washington D.C. Trip Chaperone Meeting, 6:30 p.m.
- Wednesday, May 8th:

NEW INFORMATION:

Art News: see attached.

Dress Code: as warmer weather approaches, please take time to review the dress code policy, which can be found on page 12 of the Fassett Handbook: https://www.oregoncityschools.org/Downloads/2018-19FassettHandbook.pdf

Clay High School Alumni and Friends Association (CHAFA): please see the attached flyers for information on the CHAFA’s annual Groove in the Grove and Alumni Golf Outing.

Big Lots Spring Family & Friends Food Drive Event: the Northwest Ohio Big Lots Stores with be holding their spring food drive to benefit the Toledo Northwest Ohio Food Bank this weekend, April 6 and 7. Please consider stopping by any of the area locations with a donation of non-perishable food items. Your generosity is always greatly appreciated.

REMINDERS:

Kindergarten Information Night: Oregon City Schools will hold a Kindergarten Parent Information Night for incoming 2019-2020 students, in the Clay High School Auditorium, from 6:00-7:00 p.m., on Wednesday, April 10th.

PBIS at Fassett: as part of our Positive Behavior Intervention and Support (PBIS) efforts at Fassett, we have identified Be Respectful, Be Responsible, and Be Ready as our priority expectations for positive behavior. A Matrix of Expectations has been developed, which provides students a framework of guidance on what it means to Be Respectful, Be Responsible, and Be Ready in every area at Fassett. A copy of the Matrix of Expectations is attached. Please take time to review the attached Matrix of Expectations with your student(s), and encourage him/her to show their Eagle Pride by Being Respectful, Responsible, and Ready in all they do! Thank you for your support!

Staff Shout-Out: the Staff Shout Out is a way for students to recognize and acknowledge staff members for being Respectful, Responsible, and Ready. Staff Shout Out slips are available in the office areas, classrooms, and cafeteria. When you see a staff member being Respectful, Responsible, or Ready, fill out a slip, and turn the slip in to one of the Staff Shout Out boxes (similar to the Eagle Card boxes), which are located in the office area and the cafeteria. On Fridays, we’ll draw Staff Shout Out slips, and staff members will receive cool prizes! We feel it is important for staff members to model being Respectful, Responsible, and Ready for students, and want students and staff members to acknowledge, celebrate, and recognize them when they do!

Oregon Parks & Rec Newsletter: the Oregon Rec offers Art, Fitness and Sporting events for Youth & Adults? All information is located in our quarterly newsletter. Sign up: https://oregonrec.recdesk.com/Community/Page?pageId=609

YMCA Activities and Programs: the YMCA is currently offering numerous programs. Please see the attached flyers.

Attendance Reminder: Please be sure you are sending in notes for your student’s absences. As a reminder, legitimate/excused reasons to be absent from school are: 1. Personal illness with doctor’s note stating that the child is unable to attend school on given day(s) 2. Medical Excuse 3. Death in the family 4. Religious Observance 5. Quarantine 6. Court Subpoena 7. Family Vacation: one vacation approved in advance, as described in the student handbook.

District Flyers: go here for information and events taking place in our school community.

School Breakfast and Lunch:
- If sending payment in, please have him/her take the payment directly to the cafeteria, before school. Pre-payment of student accounts is available here.
- School lunch may be purchased for $3.00. School breakfast may be purchased for $1.50.
- Information on free and reduced meals, as well as a downloadable application, is available here.
- The August lunch menu can be found here.
# EXPECTATIONS at FASSETT JUNIOR HIGH SCHOOL

<table>
<thead>
<tr>
<th>F</th>
<th>ALL SETTINGS</th>
<th>ASSEMBLIES &amp; FIELD TRIPS</th>
<th>BATHROOM</th>
<th>BUS</th>
<th>CAFETERIA</th>
<th>HALLWAY &amp; LOCKERS</th>
<th>OFFICE</th>
</tr>
</thead>
</table>
| **BE RESPECTFUL** | ● Politely do what is asked of you by all adults  
● Use respectful, positive language and manners in all interactions  
● Keep hands, feet, and objects to yourself | ● Be positive, quiet, and attentive  
● Respond immediately to quiet signal | ● Respect school property  
● Clean up after yourself  
● Respect the privacy and personal space of others | ● Keep hands and feet to yourself  
● Use quiet, polite conversation | ● Politely do what is asked of you by all adults  
● Use respectful, positive language and manners in all interactions  
● Keep hands and feet to yourself  
● Give personal space to others |● Be polite and ask permission  
● Patiently wait your turn  
● Respect personal space of adult |
| **BE RESPONSIBLE** | ● Carry your agenda book at all times  
● Own your actions  
● Notify an adult of problems or concerns  
● Do what is expected, even when no one is looking | ● Represent FJHS positively  
● Sit in assigned rows/areas with your teacher and class | ● Go directly to and from the restroom  
● Wash your hands | ● Be on time for departure  
● Keep track of your belongings  
● Throw trash away | ● Make good seating choices  
● Remain seated until given permission  
● Keep opened food and drink in the cafeteria  
● Clean up after yourself | ● Walk directly to your destination  
● Be polite and pass quietly  
● Walk to the right  
● Pick up after yourself  
● Keep your locker clean, organized and locked  
● Use only your assigned locker | ● Have your signed agenda book  
● Have proper paperwork  
● Bring in proper notes for absence |
| **BE READY** | ● Come to school on time, prepared to learn  
● Bring necessary classroom supplies, with your Chromebook charged | ● Face forward and sit up straight  
● Enter calmly; exit safely | ● Enter only to use the restroom | ● Follow the driver’s rules and directions  
● Remain seated  
● Quietly enter/exit in an orderly manner | ● Carry your agenda book at all times; signed as needed  
● Collect your materials and leave quickly | ● Know why you are there and what you need |
ART NEWS

Students taking art this semester have been busy creating some amazing art. Seventh grade students recently finished drawing animals using charcoal sticks and pencils. This was part of a value unit in which students learned about creating a full range of value as well as a variety of drawing techniques. Eighth grade students are busy working on their Portraits. Each student has the option to create a portrait of them self, a celebrity or athlete. These paintings are painted on a 16”x20” canvas board with acrylic paint.
BIG LOTS IS COLLECTING FOOD AT OUR NORTHWEST OHIO STORES TO BENEFIT THE TOLEDO NORTHWESTERN OHIO FOOD BANK DURING OUR BIG LOTS 20% OFF REWARDS AND FRIENDS & FAMILY EVENTS TAKING PLACE THIS WEEKEND!!

SATURDAY APRIL 6TH, & SUNDAY APRIL 7TH, 2019

PLEASE BRING YOUR NON-PERISHIBLE & CANNED FOOD DONATIONS TO THESE NORTHWEST OHIO BIG LOTS LOCATIONS

3946 WEST ALEXIS RD. TOLEDO
3410 GLENDALE RD. TOLEDO
4925 JACKMAN RD. TOLEDO
1588 SPRING MEADOWS DR. HOLLAND

818 SOUTH MAIN ST. BOWLING GREEN
3365 NAVARRE AVE. OREGON
1516 N.CLINTON ST. DEFIANCE

SPECIAL EXTENDED HOURS:
8 AM UNTIL 10 PM

About Toledo Northwestern Food Bank, Inc.
Toledo Northwestern Ohio Food Bank is a non-profit organization established to enable other community organizations to end hunger. Over the past 30 plus years, the Toledo Food Bank has distributed more than 100 million pounds of food and grocery products to assist those in need. In Northwest Ohio 1 in 6 people are food insecure. Currently, the Toledo Food Bank serves a network of approximately 250 member agencies in an eight county area, including Defiance, Fulton, Henry, Lucas, Ottawa, Sandusky, Williams and Wood. Agencies include food pantries, soup kitchens, shelters, non-profit day care centers, non-profit rehabilitation centers, group homes and programs for the elderly and children. Since 1984, the Toledo Food Bank has been an affiliate of Feeding America, the nation’s largest domestic hunger-relief organization.
Clay High Alumni & Friend’s Association (CHFA) presents the 23rd Annual

Groove on the Green

SATURDAY, MAY 11, 2019

Alumni Golf Scramble 1–6
(additional information to follow with cost and details)
Food Trucks, Corn Hole Tournament and Golf Cart Races 6–9
5 O’Clock Rush Band from 7–9
DJ 9–12
$20 admittance gets you unlimited beer (Miller Lite and Bud Light), wine, pop, and snacks
Cash bar for cocktails and premium beer will also be available
This is a casual indoor/outdoor 21 and over event
Come out and support your alma mater

Tickets available at the gate
Eagles Landing Golf Club
5530 Bay Shore Road, Oregon, Ohio

Contact Tammy Hughes for your Class Reunion reservation
Proceeds from this event go to Clay High School scholarships and other CHS events/items
Clay High Alumni & Friend’s Association (CHAFA)

Alumni Golf Scramble

SATURDAY, MAY 11, 2019
EAGLES LANDING GOLF CLUB
SHOTGUN START 1:00 PM

- Format: Four-player Scramble
- Cost $280 per team ($260 if paid by 4/11/19) includes 18 holes of golf, cart, half-price Groove on the Green evening event tickets, dinner tickets for the food trucks, keg on the course and door prize drawings
- Proximity holes, 50/50 raffles, putting contest and skins competition, corn hole tournament and golf cart races available
- Mulligan’s available for purchase (2 per player, limited to 1 per side, holes 1-9 and 10-18)

CHAFA appreciates your participation in this important fund raiser. Through your involvement and generous support from the community, CHAFA helps to support Clay High School students. Please mark your calendar, gather your team and submit your registration as soon as possible.

Due to limited space, REGISTRATION WILL BE ACCEPTED ON A “PREPAID” BASIS. Based on availability player/team fees may be accepted the day of the outing. Please remit your team fees through the team captain by May 4, 2019. SAVE $20.00 by submitting your $260 team registration fee by April 11, 2019.

If you have any questions, please contact Tammy Hughes at 419-693-0665, ext. 2044 or thughes@oregoncs.org.

<table>
<thead>
<tr>
<th></th>
<th>Phone #</th>
<th>Shirt Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Team Captain:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Player 2:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Player 3:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Player 4:</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please make checks payable to CHAFA, c/o Tammy Hughes, 5721 Seaman Road, Oregon, OH 43616

Thanks in advance on behalf of the Clay High Alumni and Friend’s Association for your participation
Please see other side for additional details.
Sports
Sport Registration Starts March 18th
Sports Start week of April 29th

NFL Flag Football
- Coed
- NFL Jersey
- Ages 5-6, 7-8, and 9-11
- Travel League

Y to Y Volleyball
- Coed
- Ages 7-8, 9-11, and 12-14
- Travel League

Y to Y Cross Country
- Coed
- K-6th grade
- Travel League

Soccer
- Coed
- Ages 3-4, 5-6, and 7-10
- In-House League

Private Lessons
- Semi Private and Private Lessons
- Volleyball, Swim, and Basketball
- Single or bundle packs

SWIMMING LESSONS March 24th–May 11th
Available with one of our certified swim instructors

<table>
<thead>
<tr>
<th>School-Age Swim Basics</th>
<th>School-Age Swim Strokes</th>
<th>Teen/Adult</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 6 – 12 years old</td>
<td>Ages 6 – 12 years old</td>
<td>13+</td>
</tr>
<tr>
<td>Discover and Explore (Parent and Child)</td>
<td>Preschool Swim Basics</td>
<td>Preschool Swim Strokes</td>
</tr>
<tr>
<td>Ages 6 months – 36 months</td>
<td>Ages 3 – 5 years old</td>
<td>Ages 3 – 5 years old</td>
</tr>
</tbody>
</table>

**NEW** Daytime lessons available for Preschool and Infant Classes
Private Lesson available for all age and skill levels
Announcing our Spring Arts and Humanities Recital, Beyond the Sea! Students enrolled in ballet, tap, jazz, vocal lessons, or guitar lessons for session 2 (March 24–May 11) will be participating in our recital. They will be learning a dance routine or song in class, but also should be practicing at home. The martial arts program will be conducting their belt ceremony. Art students will have projects displayed in the lobby. Come join us for an afternoon that will be oceans of fun!

- Costume fee—$25 per costume (dance only)
- Mandatory Dress Rehearsal—May 9 at 5pm, Fasset Middle School.
  
  *****Photos will also be taken at this time*****
- Ballet shoe requirements—pink ballet flats, either leather or canvas
- Jazz shoe requirements—black full footed jazz shoes
- Tap shoe requirements—black, flat tap shoes (no high heels)

**WHEN:** May 11, 2019  
**TIME:** 2pm  
**LOCATION:** FASSET MIDDLE SCHOOL  
3025 Starr Ave, Oregon, OH 43616
RUN HARD
RUN THE RACE
EASTERN COMMUNITY YMCA – SESSION 3 2019
April 29 - June 22
Co-ed Y to Y Cross Country
Ages 5–11

Eastern Community YMCA Cross Country is a co-ed program for children ages 5–11. Children will compete within their divisions (Ages 5-6, 7-8 & 9-11). The program places a strong emphasis on fun, fair play, equal participation and learning the fundamentals of running. All runners will receive at each meet a participation ribbon and top runners in the last meet will receive a place medal.

Important League Dates
Registration Begins: Friday, March 18
Registration Deadline: Monday, April 22
Coaches’ Meeting: Wed. April 24 at 5:30 pm in the East YMCA conference room
Practices: Monday & Wednesday evenings 5:30pm - 6:30pm beginning Mon. April 29.
First Race: Wed. May 15 beginning at 6:30 pm at Wolf Creek
Last Race: Mon. June 3rd at 6:30 pm at Fort Meigs

League Fee
Members: $35
Youth Member/Program Participant: $75
(to guarantee shirt. Any registration after April 22nd will have a $15 late fee)
Practice Information

All practices will be held at the Eastern YMCA.

Practice times are from 5:30pm - 6:30pm. All runners are to bring their own water bottle and wear running shoes. A Youth Sports Instructor will guide the Parent Coach in all practices teaching the fundamentals of properly running. All grades will be practicing at the same days and times as follows:

Monday, April 29 - Practice
Wednesday, May 1 - Practice
Monday, May 6 - Practice
Wednesday, May 8 - Practice
Monday, May 13 - Practice
Wednesday, May 15 - First Meet at Wolf Creek
Monday, May 20 - Practice
Wednesday, May 22 - 2nd meet at Anthony Wayne
Monday, May 27 - Memorial Day, No Practice
Wednesday, May 29 - 3rd Meet at West Y (Start High School Track)
Monday, June 3 - Practice
Wednesday June 5th Last Meet at Fort Meigs - Medal Ceremony

All Meets begin at 6:30pm. Arrive at the Meet by 6:00pm. We will hand out a Meet Schedule the first week of practice with times and locations verified.

Please Note: Meet Schedule & Location is subject to change. Maps to all Meet Locations will be provided.

How to Register

Registration is now available online! Using your membership ID number or your email address you can create an account and register for sports leagues online. Go to www.ymcatoledo.com, under the "I Want To" section, then click on "View programs and classes."

You can also register in person at our Member Service desk at Eastern Community YMCA.

Meet Information

The program places strong emphasis on fun, fair play, equal playing time, character development and learning the fundamentals of running.

Meet schedule will be handed out the first week of practice. All runners will receive a commemorative ribbon and top runners in the last meet will win a place medal. Runners should wear their team shirts (provided by the Y) to each meet.

Ages 5-6 will run 1/2 mile.

Ages 7-8 will run 3/4 mile.

Ages 9-11 will run 1 mile.

Interested in Coaching?

Volunteer coaches are needed to run this league.

If you are interested in coaching, great! Knowledge of cross country isn’t as important as being a positive role model for the kids. Coaches are asked to attend a coaches’ meeting to get important information and resources for fun drills and activities.

Wednesday, April 24th, 2019 at 5:30pm in the Conference room at East YMCA

League Contact

Program Director
Dayre Carpenter
419-691-3523
dcarpenter@ymcatoledo.org
Eastern Community YMCA

Eastern Community YMCA
2960 Pickle Rd
Oregon, Oh 43616
419-441-0013
www.ymcatoledo.org
PRACTICE HARD 
PLAY STRONG 
LOVE THE GAME

Youth Soccer 
EASTERN COMMUNITY YMCA 
Divisions of Play: Ages 3–4, 5–6, 7–10

Registration Fee 
Member: $35 
Program Participant: $75 
to guarantee shirt. Any registration after April 22nd will have a $15 late fee

Important League Dates

Registration Begins: Monday, March 18 
Registration Deadline: Monday, April 22

Coaches Meeting: Wed April 24 
Practice: Week of April 29 
First Game: May 11th 
Last Game: June 22nd
League Fee
Members: $35
Non-Member/Youth Member: $75
Children may enroll in YMCA programs without joining as a member. YMCA membership offers the best value so we encourage you to first take a look at our membership options!
(to guarantee shirt. Any registration after April 22nd will have a $15 late fee)

How To Register
Registration is now available ONLINE! Using your membership ID number or your email address you can create an account and register for sports leagues ONLINE!
Go to www.ymcatoledo.com
You can also visit our Member Service Desk at the Eastern Community YMCA to register or call 419-691-3523.

Practice Information
Practices are held once a week in the fields at the Eastern Community YMCA starting the week of April 29th.

Ages 3–4: 30 minute practices
Monday: 5:15pm  Tuesday: 6:00pm
Wednesday: 5:15pm  Thursday: 6:00pm

Ages 5–6: 45 minute practices
Monday: 5:45pm  Tuesday: 5:15pm
Wednesday: 5:45pm  Thursday: 5:15pm

Ages 7–10: 60 minute practice
Monday: 6:00pm  Tuesday: 5:30pm
Wednesday: 6:00pm  Thursday: 5:30pm

Game Information
The Eastern Community YMCA Soccer league is a co-ed program for boys and girls with 3 divisions of play: Ages 3–4, 5–6, and 7–10. The program places a strong emphasis on fun, fair play, equal participation and learning the fundamentals of Soccer. Volunteer parent coaches are needed! The season will consist of 7 weekly practices and 6 games. Games will be held at Eastern Community YMCA on Saturday mornings. All participants will receive a participation award and team T-shirt. Players should wear their shirts (provided by the YMCA) to each game.

Interested in Coaching?
Volunteer coaches are needed to run this youth league. If you are interested in coaching, great! Knowledge of the sport isn’t as important as being a positive role model for the kids. Coaches are asked to attend a coaches meeting to get important information and resources on fun drills and activities to help coach.

General Questions?
Dayre Carpenter
Aquatics and Youth Program Director
dcarpenter@ymcatoledo.org

EASTERN COMMUNITY YMCA
2960 Pickle Rd
Oregon, Oh 43616
419.691.3523
www.ymcatoledo.org

Coaches Meeting
April 24th at 5:30pm Eastern Community YMCA Conference Room
PLAY HARD
LOVE THE GAME
YMCA OF GREATER TOLEDO

Y-to-Y VOLLEYBALL LEAGUE

Co-Ed Divisions of play: Ages 7-8, 9-11, and 12-14 years old.

League Information:
Eastern Community YMCA Volleyball is a co-ed program for ages 7-14 with 3 divisions of play: 7-8, 9-11, and 12-14. The program places a strong emphasis on fun, fair play, equal playing time and learning the fundamentals of Volleyball. All players learn each position & have equal playing time.

Important League Dates

Registration Begins: March 18
Registration Deadline: April 22nd (to guarantee a shirt)
Coaches/Parents Meeting: April 24th, 6pm @ East YMCA
First Practice: Week of April 29th
First Game: May 11th
Last Game: June 22nd

Registration Fee
Member: $35
Youth Member / Program Participant: $75
(to guarantee shirt. Any registration after April 22nd will have a $15 late fee)
Practice Information
Practices are held once per week for 45-60 minutes in the Eastern Community YMCA gymnasium. (Teams are filled on a first come, first served basis).

Practices start the week of April 29th.

Ages 7-8: Tuesday 5:30-6:30
Ages 9-11: Tuesday 6:30-7:30
Ages 12-14: Thursday 6:00-7:00

Game Information
The Eastern Community YMCA Volleyball league is a co-ed program for boys and girls ages 7-14 with 3 divisions of play: 7-8, 9-11, and 12-14. The program places a strong emphasis on fun, fair play, equal participation and learning the fundamentals of Volleyball. Volunteer parent coaches are needed! The season will consist of weekly practices and 6 games. This is a Y to Y league and games will be held at various Toledo YMCA’s on Saturday mornings and afternoons. All participants will receive a participation award and team T-shirt. Players should wear their shirts (provided by the YMCA) to each game.

Interested in Coaching?
Volunteer coaches are needed run this youth league.

If you are interested in coaching, great! Knowledge of volleyball isn’t as important as being a positive role model for the kids. Coaches are asked to attend a coaches meeting to get important information and resources for fun drills and activities.

How To Register
Registration is now available online at ymctoledo.org. You can also visit our Member Service Desk at the Eastern Community YMCA to register or call 419-691-3523.

Coaches Meeting
Wednesday, April 24th at 6pm at the Eastern Community YMCA

League Fee
Members: $35
Non-Member/Youth Member: $75
(to guarantee shirt. Any registration after April 22nd will have a $15 late fee)

Children may enroll in YMCA programs without joining as a member. YMCA membership offers the best value so we encourage you to first take a look at our membership options!

League Contact
Dayre Carpenter
dcarpenter@ymcatoledo.org
Aquatics and Programs Director

Eastern Community YMCA
2960 Pickle Rd
Oregon, OH 43616
419-691-3523
www.ymcatoledo.org
NFL FLAG FOOTBALL LEAGUE

Y to Y Co-Ed Flag Football
YMCA OF GREATER TOLEDO

Coed Ages 5–6, 7–8, and 9–11 (see reverse side for your YMCA’s divisions)

YMCA of Greater Toledo Flag Football is proud to partner with Youth NFL Flag Football program! The program places a strong emphasis on fun, fair play, equal participation, and learning the fundamentals of football. The season consists of weekly once a week practices and 6 games on Saturday mornings/early afternoons at various YMCA of Greater Toledo locations for this Y to Y League.

As always, volunteer coaches are needed! If you are interested in helping, please indicate this when you register your child.

We are looking forward to a fun and action packed season! To register please visit www.ymcatoledo.org or visit your YMCA Member Service Desk.

Each player will receive an NFL reversible jersey, their own flags and a participation award!

REGISTRATION FEE:

Member: $50
Program Participant: $100
Youth Member: $100

(to guarantee shirt. Any registration after April 22nd will have a $15 late fee)

CONTACT INFORMATION

Dayre Carpenter; Sports Director
dcarpenter@ymcatoledo.org;
419-691-3523
Y to Y Flag Football League

Important League Dates:

Registration Begins: March 18th
Registration Deadline: April 22nd
(to guarantee an NFL reversible jersey)
First Week of Practice: April 29th
  First Game: May 11th
  Last Game: June 22nd

League Information

- Practice is at Eastern Community YMCA
- NFL Flag Football Rules / Style of Play
- Games at Various Toledo Y Locations
- Co-ed League
- Practice once per week
- Choose practice time at registration
- Games are on Saturdays

Coaches Are Needed

Volunteer coaches are needed to run this youth league. If you’re interested in coaching, great! When you register make sure you provide your information.

Coaches Meeting

Wed. April 24th 6:30pm
East YMCA Conference Room

Available Practice Times:

Ages 5–6
Tuesday 5:30-6:30

Ages 7–8
Tuesday 6:30-7:30

Ages 9–11
Tuesday 6:30-7:30
SUMMER SPORTS CAMPS

Eastern Community YMCA

BUMP, SET, SPLASH VOLLEYBALL CAMP
July 16-18
Ages: 6-12

POOL SLAM BASKETBALL CAMP
June 11-13
Ages: 6-12

Y EXTREME RACE, RUN, AND FUN CAMP
June 18-20
Ages: 5-12

BASKETBALL SKILLS CAMP WITH DENNIS HOPSON
(M, W, F) July 8th, 10th, and 12th
Ages: 7-9
**Summer Sports Camps**

**BUMP SET SPLASH VOLLEYBALL CAMP**
July 16-18
11am-1:30pm
Ages 6-12
Members $45
Program Participants $90
Kids will love learning the fundamentals of the game and playing matches with our outdoor pool net. This skills camp will teach young players the importance of being a team player all while having fun! Participants must be at least 48” tall. Please bring a bathing suit, towel and a lunch.

**POOL SLAM BASKETBALL CAMP**
June 11-13
11am-1:30pm
Ages 6-12
Members $45
Program Participants $90
It's fun to dunk when you’re slamming in a pool! Enjoy this wet and wild experience learning the fundamentals of basketball while splashing around in our outdoor pool. Kids will work on ball handling and shooting techniques and also play fun games. Participants must be at least 48” tall. Please bring a bathing suit, towel and a lunch.

**Y EXTREME RACE, RUN AND FUN CAMP**
June 18-20
11am-1:30pm
Ages 5-12
Members $45
Program Participants $90
Play various games, races and challenges including tug-o-war, slip and slide, water obstacle course and much more! Bring bathing suit or clothing ok to get wet and dirty in. Please bring a bathing suit, towel and a lunch.

**BASKETBALL SKILLS CAMP WITH DENNIS HOPSON**
(M,W,F) July 8th, 10th and 12th
10:30am-12pm
Ages 7-9
Members $35
Program Participants $75
Join YMCA Basketball Director of Operations Dennis Hopson in our 3 day summer skills camp as we focus on the fundamentals of basketball! Each participant receives a YMCA draw string bag and chance to win shooting prize giveaways for last day of camp! Space is limited!

**BASKETBALL SKILLS CAMP WITH DENNIS HOPSON**
(M,W,F) July 8th, 10th and 12th
12:15pm-1:45pm
Ages 10-14
Members $35
Program Participants $75
Join YMCA Basketball Director of Operations Dennis Hopson in our 3 day summer skills camp as we focus on the fundamentals of basketball! Each participant receives a YMCA draw string bag and chance to win shooting prize giveaways for last day of camp! Space is limited!
Arts and Humanities Camps
Eastern Community YMCA

**TODDLER TUMBLE AND SPLASH CAMP**
June 4–6
Ages: 3–5

**SWAN LAKE BALLET CAMP**
June 24–28
Ages: 5–12

**ART EXPLORER CAMP**
July 22–26
Ages: 6–12
Arts and Humanities Camps

TODDLER TUMBLE AND SPLASH CAMP
June 4-6
3pm-4pm
Ages 3-5
Members $25
Program Participants $55
Learn gymnastics skills in this 3 day camp, designed for the active toddler! This camp is open to toddlers who would like to try gymnastics for the first time, those that have previous gymnastics experience, and those that just want to have fun! Skills worked on in this camp include strength, balance, coordination, flexibility, focus and gross motor skills. Each day will include a gymnastics lesson, open gym time, and conclude with a splash in the pool!
What to bring everyday:
• Water bottle
• Swimsuit
• Towel

SWAN LAKE BALLET CAMP
June 24-28
11am-1pm
Ages 5-12
Members $55
Program Participants $115
This week long camp will introduce students to the world of classical ballet and all that goes into putting on a complete ballet performance. Over the course of the camp we will learn the story of Swan Lake, ballet steps that are used, go through the audition process (but don’t worry! All camp participants will get a part), and conclude with a final showcase of our version of Swan Lake. During the final showcase, camp participants will perform a condensed version of Swan Lake featuring the ballet steps they learned throughout the week. Friends and family are invited to watch the final showcase!
What to bring everyday:
• Ballet flats
• Leotard or tshirt with legging style shorts (no baggy shorts please)
• Hair up and out of your dancer’s face
• Water bottle
• Small snack for break
• Swimsuit and towel to cool off in the pool at the end of each day
For the final showcase, your child will need a white outfit for their costume. This can be a white leotard, or white t-shirt/tank top and white/light colored shorts or skirt. All other costume accessories and props will be provided.

ART EXPLORER CAMP
July 22-26
9:30am-11am
Ages 6-12
Members $45
Program Participants $90
Students will explore and create with painting, sculpture, and drawing. The students will be learning a wide variety of techniques with many different materials to improve and develop their artistic skills.

Please be sure to label all of your child’s belongings.
Summer Child Care

All Summer!
5:30am–6pm
Ages 6–12

Members PT (1–3 days) $110 a week, FT (4–5 days) $140 a week
Program Participants PT (1–3 days) $130 a week, FT (4–5 days) $160 a week

The kids enrolled in our child care program will participate in a program that will focus on STEM (science, technology, engineering and math). Each week, there will be lessons and projects that help engage the students and promote learning. The children enrolled will participate in swimming three times a week. We will be providing swim lessons to the kids in the younger grades or anyone who needs it. There is a field trip planned each week for the students to, hopefully, experience new things! Lunch and afternoon snack are provided.
young women’s summer institute

July 14–20, 2019 | Columbus, Ohio

Introducing young women to exciting STEM careers

The Young Women’s Summer Institute (YWSI) gives Ohio’s middle school girls a unique opportunity to gain valuable computer, math, science and engineering skills through hands-on, collaborative projects. Students entering the seventh or eighth grade are encouraged to apply for this weeklong program. YWSI girls develop a deeper interest in science, technology, engineering and math (STEM) as they use the latest computer technology to solve complex, real-world science and engineering challenges with a team of peers.

Get an Application:
Visit osc.edu/ywsi
Call (614) 688-8300
Email si-contact@osc.edu

Apply by:
April 5, 2019
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>Regular or Spicy Chicken Patty Sandwich</td>
<td>Quesadilla Chicken or Cheese Refried Beans Vegetable Selection Fruit Selection Milk Selection</td>
<td>Pizza Hot Corn Vegetable Selection Ranch/Italian Dressing Fruit Selection Milk Selection</td>
<td>Nachos Lettuce/Cheese/Salsa Refried Beans Vegetable Selection Fruit Selection Milk Selection</td>
<td>Grilled Cheese Tomato Soup Vegetable Selection Fruit Selection Milk Selection</td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td>Corn Dog Tater Tots Fruit Crisp Vegetable Selection Fruit Selection Milk Selection</td>
<td>Breakfast for Lunch Waffle Turkey Sausage Hashbrown Potato Vegetable Selection Fruit Selection Milk Selection</td>
<td>Pizza Hot Corn Vegetable Selection Ranch/Italian Dressing Fruit Selection Milk Selection</td>
<td>Chicken Drumstick Mashed Potatoes w/Gravy Hot Mixed Vegetables Vegetable Selection Fruit Selection Graham Cracker Sticks Milk Selection</td>
<td>Fiestada or School Pizza Hot Corn or Peas Vegetable Selection Fruit Selection Milk Selection</td>
</tr>
<tr>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td>Popcorn Chicken Potato Smiles Vegetable Selection Fruit Selection Milk Selection</td>
<td>Hamburger on Bun Baked Fries Pickle Slice Vegetable Selection Fruit Selection Milk Selection</td>
<td>Pizza Hot Corn Vegetable Selection Ranch/Italian Dressing Fruit Selection Milk Selection</td>
<td>Regular or Spicy Chicken Patty Sandwich Tater Tots/Pickles Vegetable Selection Fruit Selection Milk Selection</td>
<td>NO SCHOOL</td>
</tr>
<tr>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
</tr>
<tr>
<td>NO SCHOOL</td>
<td>Chicken Nuggets BBQ Sauce Potato Smiles Vegetable Selection Fruit Selection Milk Selection</td>
<td>Pizza Hot Corn Vegetable Selection Ranch/Italian Dressing Fruit Selection Milk Selection</td>
<td>Walking Taco Refried Beans, Cheese, Salsa Vegetable Selection Fruit Selection Milk Selection</td>
<td>Breakfast for Lunch Waffle Turkey Sausage Hashbrown Potato Vegetable Selection Fruit Selection Milk Selection</td>
</tr>
<tr>
<td>32</td>
<td>33</td>
<td>34</td>
<td>35</td>
<td>36</td>
</tr>
<tr>
<td>Regular or Spicy Chicken Patty Sandwich Tater Tots/Pickles Vegetable Selection Fruit Selection Milk Selection</td>
<td>Quesadilla Chicken or Cheese Refried Beans Vegetable Selection Fruit Selection Milk Selection</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

News

Served Daily as an Alternate Lunch:
Turkey Sandwich, WG Choice Vegetable, Fruit and Milk Selection
Yogurt, Cheese Stick, WG Choice Vegetable, Fruit and Milk Selection
Salad with Turkey Ham, WG Choice, Vegetable, Fruit and Milk Selection

Prices:
K-4 Student Lunch $2.75
5-12 Student Lunch $3.00
Reduced $0.40
Adult $3.50

Prepaid Meals available on our school web site: Oregoncityschools.org

Healthy snacks and drinks available from $0.25-$1.50

“This institution is an equal opportunity provider”